

Suggested Clothing

- Vermont's caves are cold and wet, expect temperatures in the 40's
- Cotton Products-Are highly discouraged. They soak up water and steal heat from body
- Gloves-Leather or rubber works best
- Footwear -Boots should be sturdy and provide good traction. Wool socks are recommended
- Outer Layer-Water resistant and durable for the cave environment, nylon coveralls work well
- Polypropylene-Is highly recommend for under the outer layer